The Five seasons of Qi.

Each of the elements goes through the cycle of being prosperous, strong, weak, trap and dead.

Element	Spring	Summer	Autumn	Winter
Wood	Prosperous	Weak	Dead	Strong
Fire	Strong	Prosperous	Trap	Dead
Earth	Dead	Strong	Weak	Trap
Metal	Trap	Dead	Prosperous	Weak
Water	Weak	Trap	Strong	Prosperous